

Antenatal Class Calendar – 2019

Please note: All classes subject to change. Classes that are booked out have a ~~strike through~~.

Healthy Pregnancy Class 12 – 22 Weeks (approx.) 6.00pm – 8.30pm <i>(Mothers To Be Only)</i>	Antenatal Class 30 Weeks (approx.) Full Day Saturday or Sunday Class (Part 1 – 4) 9.00am – 3.30pm	Active Birth Class 35 Weeks (approx.) 6.00pm – 8.00pm <i>(Intended Vaginal Birth Only)</i>
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Month	Healthy Class	Saturday (Full Day Class)	Sunday (Full Day Class)	Active Birth Class
January	Thurs 10 th	12 th	20 th	Mon 7 th or Thurs 17 th or Mon 21 st
February	Thurs 7 th	9 th	24 th	Mon 4 th or Mon 11 th or Thurs 21 st
March	Thurs 14 th	9 th	17 th	Mon 4 th or Mon 11 th or Thurs 21 st
April	Thurs 11 th	6 th	14 th	Mon 1 st or Thurs 18 th or Mon 29 th
May	Thurs 9 th	4 th	19 th	Mon 13 th or Thurs 23 rd or Mon 27 th
June	Thurs 13 th	8 th	23 rd	Mon 10 th or Thurs 20 th or Mon 24 th
July	Thurs 11 th	13 th	21 st	Mon 8 th or Thurs 18 th or Mon 22 nd
August	Thurs 8 th	3 rd	18 th	Mon 5 th or Thurs 15 th or Mon 19 th
September	Thurs 12 th	7 th	22 nd	Mon 9 th or Thurs 19 th or Mon 23 rd
October	Thurs 10 th	12 th	27 th	Mon 14 th or Thurs 24 th or Mon 28 th
November	Thurs 14 th	9 th	17 th	Mon 4 th or Mon 11 th or Thurs 21 st
December	Thurs 12 th	7 th	22 nd	Mon 9 th or Thurs 19 th or Mon 23 rd