

GP NEXUS

Information for General Practitioners

GP Nexus - Autumn 2018

Orthopaedics Exhibition visits Buderim

Our hospital will host the Australian Orthopaedics Association's *Travelling Exhibition of Orthopaedics* on Levels 1 and 3 of the main hospital from Thursday 5 April for two weeks. Patients and community members are invited to view the Exhibition.



The specialty of orthopaedics keeps our children 'in the game'; it puts a 'bounce' back into the hips and knees of the elderly; it 'keeps us moving'. The Exhibition celebrates the contribution of orthopaedics to the health and well-being of the Australian community.

Hundreds of orthopaedic procedures are performed in more than 300 Australian hospitals every day. Here at Buderim Private Hospital, we conduct around 1800 orthopaedic procedures each year which are performed by 14 different orthopaedic surgeons who have combined experience of more than 250 years.

Buderim Private Hospital General Manager, Wallis Westbrook, said "We have the expertise to perform day surgery as well as some of the most complicated joint replacements right here on the Sunshine Coast so many people from our local community have already benefited from many of the innovations showcased in the exhibition."

The exhibition includes information on youth sports injury prevention, the evolution of joint replacement, developments in the treatment of fractures and innovations such as 3D printing, robotics and customising implants during surgery. Display items include prosthetic models, surgical tools, x-rays and fixation devices.

Save the date - Men's Health Conference 2018

Save the date for our annual Men's Health GP CPD event which will be held on Saturday 28 July.

Invitations and programs will be distributed shortly so stay tuned for more details.

Please note that 40 Category 1 QI&CPD points have been applied for.



Care to Share Update

Check out the latest videos in our [Care to Share](#) video series!

[Dr Steve Kypraios](#) - How to know if you're having a heart attack

[Dr Tim Nathan](#) - The nuts and bolts of robotic surgery for prostate cancer

Specialist Spotlight

We would like to welcome the specialists who have recently joined our Buderim Private Hospital team.

<p>Dr Hazem Akil Neurosurgeon and Spinal Surgeon 07 5493 5100</p>	<p>With a special interest in diagnosis and treatment of spinal disorders and peripheral nerves disease, Dr Akil's philosophy is that surgical management should be tailored and personalised, he believes every patient is a special case.</p>	
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	In the management of degenerative spinal disease, spinal cord tumours and spinal trauma Dr Akil applies the latest state of the art techniques including minimally invasive surgery where appropriate.	
Dr Andy Hughes , Psychiatrist 07 5452 0675	Dr Hughes is a general adult psychiatrist with a special interest in liaison psychiatry. He can cover all diagnostic categories including adolescent, maternal, addiction and trauma based presentations.	
Dr Pankaj Jha , Vascular Surgeon 07 5445 8031	Dr Jha treats a large range of vascular disease conditions including those of the Carotid arteries, Thoracic and Abdominal Aorta, Upper and Lower limb arteries, Deep venous thrombosis, and Lymphoedema. He also treats conditions like Hyperhidrosis and Thoracic outlet syndromes. He also uses the latest minimally invasive techniques for the treatment of varicose veins.	
Dr David Nichols , Paediatrician 07 5444 5177	Dr Nichols' areas of interest and expertise include all aspects of General Paediatrics including children with disabilities needing complex multidisciplinary care, neonatal medicine and follow-up of premature babies, feeding and gastrointestinal issues, schooling difficulty and developmental disorders, endocrine and neurological disorders.	
Dr Mark Robinson , Orthopaedic Surgeon 07 5346 8000	Dr Robinson is a Queensland trained orthopaedic surgeon specialising in the upper limb. He has completed post fellowship subspecialty training in the shoulder, elbow, wrist and hand, in addition to tendon, nerve and microvascular surgery including finger	

	re-implantation. He enjoys managing both elective conditions and complex trauma.	
Prof Ramesh Tripathi , Vascular Surgeon 07 5444 7579	Prof Tripathi provides advanced endovascular or surgical treatments for aortic aneurysms, carotid interventions for stroke prevention, Diabetic Foot and lower limb ischemia; symptomatic Cervical Rib and Thoracic Outlet Syndrome; treatments for leg swelling and venous ulcers; varicose veins – endovenous ablation therapies (laser/radiofrequency/glue) and AV malformations.	

2018 Quick Reference Guides

Two Quick Reference Guides containing all the details of our visiting credentialed specialists have recently been released and will be distributed to your practice.

If you would like to request additional copies, please contact Melinda Steyn on 5430 3305 or melinda.steyn@uhealth.com.au



April Falls Prevention

In Autumn the leaves fall but why should you?!

April is National Falls Prevention Month - falls and falls-related injuries are serious health issues and are the leading cause of injury hospitalisation for older adults.

The good news is that just like any injury, there are strategies that can be employed to reduce the risk of falls. Given the multifactorial nature of falls, a multidisciplinary approach to assessment and management is vital. Here at Buderim Private Hospital, all professions have a role to play in falls prevention.

Check out our Ward 3A and Allied Health teams pictured in front of the falls prevention strategy tree they have created to raise awareness and provide education about this important issue.



Some of their top tips to patients to help prevent falls are:

- Free your home of hazards
- Wear your glasses and hearing aids
- Remove clutter from your home
- When you've got to go, get up slow
- Maintain good nutrition
- Wear well-fitting footwear
- Review medications
- Review walking aids

2018 Teddy Bear Fair

Your patients are invited to come along to our annual Teddy Bear Fair from 9am - 1pm on Sunday 20 May.

They can join us for a FREE day of fun, excitement and entertainment, and help us celebrate Buderim babies and children everywhere. There are loads of exciting activities, displays, prizes, and tours to enjoy.

If your patients are thinking about having a baby, the Teddy Bear Fair provides a great chance to find out about more about our maternity service. They will have the opportunity to speak with our midwives and obstetricians and tour our facilities.

For more information or to register for a maternity tour, visit www.buderimprivatehospital.com.au/teddy



Quick info

Acute Admissions - 07 5430 3314	Breast Clinic referrals - 07 5452 0500
Buderim Heart Centre - 1300 675 897	Acute Mental Health referrals - 1300 780 413

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