

# GPNEXUS

Information for General Practitioners

GP Nexus - Winter 2019

### Message from the General Manager

It is my pleasure to write to you as the new General Manager at Buderim Private Hospital. I am honoured and excited to have been selected to lead this wonderful hospital and build



on the solid foundations already in place.

My most recent role was Chief Executive Officer/Chief Nursing Officer with St Vincent's Private Hospital in Melbourne where I was responsible for driving high clinical standards; the introduction and implementation of innovative technology; and building additional theatres.

Earlier in my career, I held a number of roles including General Manager/Director of Nursing at St Vincent's Private Hospital, Director of Nursing and Operations at The Royal Melbourne Hospital, and Hospital Manager/Director of Nursing and Midwifery at Mercy Hospital for Women.

From the moment I first visited Buderim Private Hospital, I had the immediate sense that this is a very special place with passionate and dedicated staff and doctors and I am very pleased to join this amazing team.

Building on the hospital's strong track record of success is a challenge I've accepted with confidence and determination. My vision is to further enhance and develop our unique blend of care, commitment and expertise to consistently exceed the needs and expectations of our patients, their families and the community.

I am looking forward to meeting you at future events and meetings, sharing news to benefit you and your patients, as well as hearing any feedback you may have about the hospital and the services we provide.

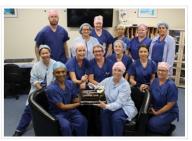
Kind regards,

Karen Clark

General Manager

### 100th robotic procedure celebrated

Our surgical team recently celebrated its 100<sup>th</sup> robotic surgical procedure. Introduced in October 2017, the hospital invested over \$3 million in Da Vinci Xi surgical robotic system.



The hospital's first robotic procedure was a radical prostatectomy which was conducted by Urologist Dr Tim Nathan. Urologist Dr Troy Gianduzzo has also conducted a number of procedures using the technology.

A first for the Sunshine Coast, General Surgeon Dr David Colledge conducted the Sunshine Coast's first general surgical case in July 2018.

Congratulations to the entire team for their dedication and expertise that has helped make this technology a reality for so many Sunshine Coast patients who can feel assured that world-class technology and highly-trained surgeons are available locally.

The introduction of this service was closely developed and implemented with support from The Wesley Hospital which is also part of the UnitingCare. The Wesley Hospital has the largest robotic program in Australia and was the first hospital in the country with two Da Vinci surgical robotic systems.

Read amore about the Da Vinci robot here.

### Emergency Centre update

New discounted fee for children

A discounted fee for school children under the age of 17 has been introduced.

If your child is sick or injured, they can be treated for a flat fee of \$200 anytime of the



day and this cost is inclusive of the consultation with a specialist and any X-rays or blood tests required. No GP referral is necessary, patients simply require their Medicare card.

### Orthopaedic injuries care pathway

Post discharge ambulatory pathways for orthopaedic injuries have been established for patients following diagnosis and urgent management has been provided by Emergency Centre specialists.

Patients now have the opportunity to be seen by an orthopaedic specialist within 24 hours of their initial consultation or the next business day.

## Register for a CPR Workshop

Do you or your team need to update your CPR skills? Register for one of our 2019 CPR Workshops for General Practitioners and Practice Staff.

### Program

- Registration and payment
- Welcome
- Update of Basic Life SupportGuidelines
- Demonstration and Practice of Basic Life Support
- Automated External Defibrillation

#### Cost

\$10 per person

Where

Education Centre, Level 3 at Buderim Private Hospital, 12 Elsa Wilson Drive, Buderim

For more information, dates and to register, simply visit http://buderimprivatehospital.com.au/for-doctors/ cpr-workshops

Limited spaces are available so register today!

# The treatment of bipolar disorders education session - Wednesday 21 August

Presented by Psychiatrist, Dr Dhushan Illesinghe, this free information session will focus on the symptoms and treatment for bipolar



disorders and what families and carers can do to help.

This event is part of our Mental Health Family and Carer Program. The purpose of these complimentary sessions is to inform and empower carers and family members of a person experiencing mental illness and related issues.

Health professionals will help people understand more about the issues being faced by their loved ones and they will also have the opportunity to talk with others who may be going through a similar experience. Sessions are presented in everyday language and a friendly, supportive environment.

For more information and to register for the event, please visit our website by clicking here.

### Latest Care to Share videos

Hearts aflutter: what to know about atrial fibrillation - by Dr Kit Wong

https://www.youtube.com/embed/3ED7RhWp19Y

Will a c-section scar me for life? - by Dr George Bogiatzis

https://www.youtube.com/embed/m8ljXrjGYpE

# Pregnancy Planning Event - Saturday 14 September

Do you know any patients who are considering having a baby? Please let them know they can attend a Pregnancy Planning Information Session at the hospital on Saturday 14 September.

This free event will help people discover more about our maternity services and how we can help plan for pregnancy. This event is also for anyone wanting to find out more about infertility and secondary infertility, pre natal care, labour and birth and post natal care. Attendees can ask questions and meet with our specialists.

For more information about our maternity services and to register for the event, please visit our website by clicking here.



A beautiful start WITH CARE FROM THE HEART BUDERIM PRIVATE HOSPITAL MATERNITY

# Staff profile - Introducing Tara Cantillon

Welcome to our newest Clinical Nurse Manager, Tara Cantillon!

Tara joins the Buderim Private Hospital team in the role of Clinical Nurse Manager of the Maternity and Women's Health Unit (1A).

Tara has 24 years experience in the healthcare industry in both Australia and overseas.



Tara acquired her midwifery qualification in Scotland in 2000 and also holds a Graduate Diploma of Critical Care. Tara comes to us from the Mercy Hospital for Women in Melbourne where she has held several different roles. Tara has also maintained her ICU skills working in the ICU at Box Hill Hospital. Tara is passionate about providing the best individualised care for all women and is keen to maintain the hospital's focus on patient-centred care and the high standards that already exist within Buderim Private Hospital.

"Working as a midwife is a very dynamic job but I absolutely love it – since I was a teenager all I've ever really wanted to do is deliver babies," she said.

"I went ahead and studied midwifery and 20 years down the track I still love it and feel very blessed. If I had my time over I would do exactly the same thing. It is absolutely incredible to witness a birth and the transformative affect it has on people."

"People often say that ICU and maternity are very different but talk in my opinion both areas have their miracles and both areas have their tragedies so I believe that having my ICU qualification has been a great complement to my midwifery skills."

"Everyone has been wonderful and very welcoming and supportive so I'm loving working here at the hospital and living on the Sunshine Coast," she said.

### Did you know?

Did you know that the hospital's wards and corridors are filled with images from local photographer Ross Eason?

Hospitals around the world



recognise the important role art plays as a healing tool. In a sometimes stressful environment, the arts can benefit patients by aiding their physical, mental and emotional recovery.

Ross worked with the hospital to theme and create subtle differences from ward to ward and also they have a common story, that being the Sunshine Coast.

Pictured is Ross Eason with General Manager, Karen Clark, in front of one of his beautiful images of Buderim which is located in our Critical Care Unit.

# Quick info

Acute Admissions - 07	Breast Clinic referrals - 07 5452
5430 3314	0500
Emergency Centre - 07	Acute Mental Health referrals -
5452 0599	1300 780 413

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