

Antenatal Class Calendar – 2025

Please note: All classes subject to a date change.

Healthy Pregnancy Class 12 – 22 Weeks (approx.) 6.00pm – 8.00pm <i>(Mums To Be: Attend only)</i> COOINDA Building		Antenatal Class 30-32 Weeks (approx.) Full Day Class – Tour & Lunch included Saturday or Sunday Class 9.00am – 3.00pm Partners are encouraged to attend COOINDA Building		Active Birth Class 35 Weeks (approx.) 6.00pm – 8.00pm Partners to attend <i>(Intended Vaginal Birth Only)</i> EDUCATION Level 3
January	nil	18th 25th	19th	Thurs 9th Mon 20th Thurs 30th
February	Thurs 6th	1st 8th	16th	Mon 3rd Thurs 13th Thurs 27th
March	Thurs 6th	1st	16th 23rd	Mon 10th Thurs 20th Mon 24th
April	Thurs 3rd	12th 26th	27th	Mon 7th Mon 14th Mon 28th
May	Thurs 1st	10th	18th 25th	Thurs 8th Mon 19th Thurs 29th
June	Thurs 5th	7th 21st	29th	Thurs 12th Mon 16th Thurs 26th
July	Thurs 3rd	5th	13th 20th	Mon 7th Thurs 17th Mon 21st
August	Thurs 7th	2nd 16th	24th	Mon 4th Thurs 14th Thurs 28th
Sept	Thurs 4th	6th	14th 21st	Mon 8th Thurs 18th Thurs 25th
October	Thurs 2nd	11th 18th	26th	Mon 13th Thurs 16th Mon 20th
November	Thurs 6th	1st	9th 16th	Mon 3rd Thurs 13th Thurs 20th
December	Thurs 4th	6th 20th	14th	Mon 1st Thurs 11th Mon 15th

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