Antenatal Class Calendar – 2019

Please note: All classes subject to change. Classes that are booked out have a strikethrough.

Healthy Pregnancy Class 12 - 22 Weeks (approx.) 6.00pm - 8.30pm

(Mothers To Be Only)

Antenatal Class 30 Weeks (approx.)

Full Day

Saturday or Sunday Class (Part 1 – 4)

9.00am - 3.30pm

Saturday Class (Pt 1 - 2) & Sunday Class (Pt 3 - 4)

9.00am - 12.30pm

Active Birth Class

35 Weeks (approx.)

6.00pm - 8.00pm

(Intended Vaginal Birth Only) **Split Weekend**

Month	Healthy Class	Saturday (Full Day Class)	Sunday (Full Day Class)	Saturday / Sunday (Split Weekend)	Active Birth Class
January	Thurs 10 th	12 th	20th		Mon 7th or Thurs 17th or Mon 21st
February	Thurs 7 th		24 th	Sat 9th & Sun 10th	Mon 4 th or Mon 11 th or Thurs 21 st
March	Thurs 14 th	9 th	17 th		Mon 4 th -or Mon 11 th -or Thurs 21st
April	Thurs 11 th		14 th	Sat 6 th & Sun 7 th	Mon 1st or Thurs 18th or Mon 29th
May	Thurs 9 th	4 th	19 th		Mon 13 th -or Thurs 23 rd -or Mon 27 th
June	Thurs 13 th		23 rd	Sat 8 th & 9 th	Mon 10th or Thurs 23rd or Mon 24th
July	Thurs 11 th	13 th	21 st		Mon 8 th or Thurs 18 th or Mon 22 nd
August	Thurs 8th		18 th	Sat 3 rd & Sun 4 th	Mon 5th or Thurs 15th or Mon 19th
September	Thurs 12 th	7 th	22 nd		Mon 9th or Thurs 19th or Mon 23rd
October	Thurs 10 th		27 th	Sat 12 th & Sun 13 th	Mon 14th or Thurs 24 th or Mon 28 th
November	Thurs 14 th	9 th	17 th		Mon 4 th or Mon 11 th or Thurs 21 st
December	Thurs 12 th		22 nd	Sat 7 th & Sun 8 th	Mon 9 th or Thurs 19 th or Mon 23 rd

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