



**2019 CREDENTIALLED CONSULTANT PSYCHIATRISTS DIRECTORY**

**Admitting Psychiatrists**



**Dr Khaldoon Alsaee**  
**Consultant Psychiatrist & Pain Specialist**  
 MB BCh, BAO, LRCPI&SI, FRANZCP, FFPMANZCA  
 P: 5452 0506 F: 5444 7299

Mood disorders, anxiety disorders, substance use disorders, substance detoxification (such as alcohol, opioids and benzodiazepines) and rationalisation of medication regimes, and any cases that involve multiple medical co-morbidities; especially chronic pain.



**Dr Todd Cash**  
**Consultant Psychiatrist**  
 MB.MRCPsych., FRANZCP  
 P: 5478 4244 F: 5444 3670

General adult psychiatry, mood disorders, anxiety disorders, obsessive compulsive disorder, trauma-related disorders.



**Dr Fionnuala Dunne**  
**Consultant Psychiatrist**  
 MB.MRCPsych., FRANZCP  
 P: 5452 0506 F: 5444 7299

General adult psychiatry, older persons psychiatry, mood disorders, anxiety disorders, psychotic disorders, eating disorders, drug and alcohol dependence, peri-natal mental health.



**Dr Sharon Harding**  
**Consultant Psychiatrist**  
 MBBS (NSW), FRANZCP  
 P: 5302 6921 F: 54776542

General adult psychiatry, women's mental health, older persons psychiatry, mood disorders, anxiety disorders, post-traumatic stress disorder and trauma, work-related injuries and medico-legal.



**Dr Andy Hughes**  
**Consultant Psychiatrist**  
 MBBCh (Wales), MRCPsych, FRANZCP  
 P: 5452 0506 F: 5444 7299

General adult psychiatry, peri-natal mental health, post-traumatic stress disorder and trauma, young adult mental health (18-25 years), low mood and depression and anxiety disorders.



**Dr Dhushan Illesinghe**  
**Consultant Psychiatrist**  
 MBBS, MD(Psych), FRCPPsych., FRANZCP  
 P: 5452 0506 F: 5444 7299

General adult psychiatry, older persons psychiatry, mood disorders, psychotic disorders, one-off urgent assessments, diagnosis clarification.

**General Enquiries 1300 780 413**

## Admitting Psychiatrists



**Dr Jennifer Moss**  
Consultant Psychiatrist  
MRCPsych, FRANZCP  
P: 5452 0506 F: 5444 7299

Post-traumatic stress disorder, older persons, low mood and depression, older persons psychiatry, personality disorders, drug and alcohol abuse, eating disorders.



**Dr Chris Martin**  
Consultant Psychiatrist  
MBBS, FRANZCP  
P: 5478 4111 F: 5478 4109

General adult psychiatry, older persons psychiatry, anxiety disorders, obsessive compulsive disorder, traumarelated disorders, grief and loss, alcohol dependence.



**Dr Mohammed Milad**  
Consultant Psychiatrist  
MBBS, FRANZCP, MRC PSYCH (UK),  
D.P.M (IRE) Cert. Psychogeriatric (UK)  
P: 5444 8066 F: 5444 8055

General adult psychiatry, older persons psychiatry, memory disorders, mood disorder, stress disorder, ADHD, autism spectrum disorder.

## About the Cooina Mental Health Service

The Cooina Mental Health Service provides a comprehensive range of evidence-based treatments and programs for both inpatients and outpatients.

### Inpatient Treatment

- Acute assessment and admission (18 years+)
- 33 bed unit with individual rooms and ensuites
- Group therapy program throughout duration of admission, including behavioural therapy, mindfulness, assertiveness, psycho education, acceptance commitment therapy, relaxation skills, socialisation skills, one-to-one counselling and physical exercise sessions.

### Outpatient services include evidenced-based programs including:

- Overcoming Depression
- Overcoming Anxiety
- Overcoming Addiction
- Trauma Recovery Program for Post-traumatic Stress Disorder
- Transition to Wellness
- Dialectical Behavioural Therapy
- Seniors Program

Each patient will have a treating consultant psychiatrist and a clinical team consisting of a registrar in psychiatry, psychologists, mental health clinical nurses, occupational therapist, exercise physiologist and access to other specialists as required, including medical services, social worker and dietician.

Regular free education sessions are also available for the Sunshine Coast community which are presented by the clinical team. Visit [buderimprivatehospital.com.au](http://buderimprivatehospital.com.au) for information about the latest session.

**Buderim Private Hospital**  
**Cooina Mental Health Service**  
12 Elsa Wilson Drive, Buderim QLD 4556  
P 1300 780 413 F 07 5452 0671  
W [bph.cooinda@uhealth.com.au](mailto:bph.cooinda@uhealth.com.au)  
[buderimprivatehospital.com.au/cooina](http://buderimprivatehospital.com.au/cooina)



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